



# **EIGHT-WEEK SUPPORT GROUP FOR MALE SURVIVORS OF CHILD SEXUAL ABUSE**

SAMSN conducts professionally facilitated eight-week support groups for men who were sexually assaulted as children or adolescents.

Each group is facilitated by two psychologists/social workers experienced in working with male survivors. They are **FREE TO ATTEND** and run from 6pm to 8pm each week.

SAMSN's groups provide male survivors with a safe space to ask questions, to be heard and be believed.

The groups are structured with weekly agendas and readings used to stimulate conversation around various topics.

Discussions during the first 4 weeks focus on childhood, vulnerability to abuse, grooming and disclosure. The final 4 weeks cover emotional and cognitive impacts in adulthood, coping strategies and personal relationships.

***"Just knowing that I am not alone, that other guys have gone through what I have and can understand how I feel is so powerful!"*** – STU, 51YRS

***"I am less reserved, less angry and high strung. This group has saved my life."***

– SCOTT, 30YRS

***"The group helped me break feelings of isolation and gave me a sense of belonging. It's given me confidence and hope of a better future."*** – AL, 55YRS

Places limited to 12 per group only.



SAMSN is a not-for-profit charity and is not affiliated with any religious organisation.

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**samsn** SURVIVORS & MATES **SUPPORT** NETWORK

FOR MORE INFORMATION OR TO REFER SOMEONE: **02 8355 3711 • WWW.SAMSN.ORG.AU**