

SAMSN GROUPS FOR ADULT MALE SURVIVORS OF CHILD SEXUAL ABUSE

Session 2

Brief review of your week: Brief feedback about the last meeting or your week

Tonight's Topic: Where it all began - my childhood & my family

Focus questions for tonight's topic.

Remember: These points are to help focus on tonight's topic. They might not all be relevant to you and if there is something else you wish to discuss, that is OK. You can tell any part of your story under any topic.

Focus questions for Week 2

- Did the family map help me recognize who was safe/not safe in my family?
- Did I experience physical or emotional abuse as well?

For those who were abused by a family member:

- Was I isolated from others in the family (by trickery, threats, violence, being abandoned by other adults)?
- Was there a safe person in my family "looking out for me"?

For those who were abused by someone from outside the family:

- How did the abuser get access to me?
- Did the abuser have some power over my family?
- Was anyone in my family "covering" for the abuser?
- Were there family problems that made me vulnerable to being abused?

For today:

- What sort of relationship do I have with my childhood family now?
- Who do I consider is in my current family (partner, children, friends)? Is this family safe today?

Final comments for this session

Next week's topic: My story

Please remember to notify us if you will be unable to attend any session.

